

PERSONAL INFORMATION

Legal Name (Last, First, MI): _____ DOB: ____/____/____ PID: _____

Preferred Name: _____ Pronouns: _____

Gender assigned at birth: Male Female Other: _____

Gender identity: Male Female Transgender Man/Transgender Male Transgender Woman/Transgender Female
 Other (please specify): _____ Prefer not to respond

Reason for visit today: _____

MEDICATIONS List with doses. Include contraceptives (pill, IUD, Nexplanon), vitamins, supplements, etc. None

ALLERGIES List medication, food, insect or latex allergies and the type of reaction you had I have no drug allergies

SURGERIES AND HOSPITALIZATIONS List what types and dates None

SOCIAL HISTORY AND EXERCISE

Do you use tobacco? No Yes, what form? cigarettes cigars e-cigs (JUUL) smokeless tobacco
 How many per day? _____ For how long? _____
 Frequency of use? daily weekly monthly socially rarely
 Past history of smoking? No Yes Date quit: _____

Do you drink alcohol? No Yes, how many times a week? _____ How many drinks per sitting? _____
 History of alcohol abuse? No Yes

Do you use, or have you ever used recreational drugs? No Yes, describe: _____

Do you get regular exercise? No Yes, what kind of exercise? _____
 How often? 1-2 times per week 3-4 times per week 5-6 times per week Daily
 Duration per session? <15 min 15-30 min 30-45 min 45-60 min >60 min

Do you have any dietary restrictions? No Yes, what kind? _____

SEXUAL HISTORY

Do you have sex with: Men Women Both Other: _____ Never Sexually Active

Are you interested in STI screening today? No Yes When was your last STI screening? _____

Any new partner(s) since your last STI screening? No Yes

Have you ever had a sexually transmitted infection? No Yes, what type and when? _____

How much of the time do you use condoms and/or dental dams? Never Sometimes Always Almost always

Do you feel unsafe, or have you ever been harmed in a physical, emotional or sexual manner? No Yes

GYNECOLOGICAL AND OBSTETRIC HISTORY

Age at first period? _____ Periods are: regular irregular Period comes every how many days? _____

Period usually lasts how many days? _____ Do you bleed between your cycles? No Yes

Menstrual flow is: light moderate heavy Menstrual cramps are: mild moderate severe

Do you use contraception? No Yes, what kind? _____ For how long? _____

Have you ever been pregnant? No Yes, # of births: ___ ; abortions ___ ; miscarriages ___ ; ectopic pregnancies ___

Date of last Pap and result? _____

History of abnormal Pap? No Yes, date _____ History of colposcopy or LEEP? No Yes, date _____

YOUR MEDICAL CONDITIONS (check all that apply)

- | | | |
|--|---|---|
| <input type="checkbox"/> ADHD | <input type="checkbox"/> Diabetes mellitus (type) _____ | <input type="checkbox"/> Liver disease, hepatitis, tumor |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Eating disorder | <input type="checkbox"/> Lupus (SLE) |
| <input type="checkbox"/> Anxiety or Depression | <input type="checkbox"/> Epilepsy (Seizures) | <input type="checkbox"/> Migraine headaches |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart disease or condition | <input type="checkbox"/> Rheumatoid arthritis (RA) or (JRA) |
| <input type="checkbox"/> Blood transfusion | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Sickle cell anemia |
| <input type="checkbox"/> Cancer (<i>type</i>) _____ | <input type="checkbox"/> High cholesterol | <input type="checkbox"/> Stroke or TIA |
| <input type="checkbox"/> Clotting disorder | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Thyroid disorder |
| <input type="checkbox"/> Crohn's or Ulcerative Colitis | <input type="checkbox"/> Kidney stone or disease | <input type="checkbox"/> Other: _____ |

FAMILY MEDICAL CONDITIONS (check all that apply)

| | Breast Cancer | Colon Cancer | Ovarian Cancer | Prostate Cancer | Diabetes | Heart Disease | High Cholesterol | High Blood Pressure | Joint disease | Kidney Disease | Mental Illness | Migraine | Stroke | Thyroid Disease | Other |
|----------------------|---------------|--------------|----------------|-----------------|----------|---------------|------------------|---------------------|---------------|----------------|----------------|----------|--------|-----------------|-------|
| Father | | | | | | | | | | | | | | | |
| Mother | | | | | | | | | | | | | | | |
| Sibling(s) | | | | | | | | | | | | | | | |
| Paternal grandfather | | | | | | | | | | | | | | | |
| Paternal grandmother | | | | | | | | | | | | | | | |
| Maternal grandfather | | | | | | | | | | | | | | | |
| Maternal grandmother | | | | | | | | | | | | | | | |
| Other: _____ | | | | | | | | | | | | | | | |