



## CONSENT FOR ADMINISTRATION OF ALLERGEN INJECTIONS

Allergy injections can be administered at Campus Health when all of the following statements are true:

- A physician is present in the Campus Health facility.
- Campus Health has complete written instructions regarding the medication, dose, schedule and treatment of possible reactions from your allergist providing the serum.
- Campus Health has annual updated written instructions from your allergist providing the serum.

Serious adverse reactions during an allergy desensitization program are not common; however, they do occur, and need immediate attention. You must wait at least 20 minutes or longer as instructed by your allergist following your allergy injection in the waiting area outside the Allergy Clinic. If you experience any of the following symptoms, inform the nurse **at once**:

- Itching of the skin, "pins & needles" sensation of the skin
- Sudden onset of severe hay fever symptoms
- Coughing, wheezing, shortness of breath
- Tightness in the throat or chest
- Flushing
- Perspiration
- Nausea, Dizziness and possibly fainting
- Rash, hives, facial swelling
- Anxiety

ALLERGY CLINIC HOURS

Monday thru Friday  
8:45 am – 12:00 pm  
1:00 pm – 4:30 pm

Closed weekends and holidays

Although the risk of serious reaction decreases greatly as an individual reaches a stable maintenance dosage, it is never eliminated.

I understand that I **am responsible** for the following:

1. Obtaining my allergy extract and reordering it. Extract should be mailed to your own address and brought to Campus Health. If an extract arrives directly to Campus Health, the Registered Nurse will place the package on the shelf in the Allergy Clinic refrigerator.
2. Informing the Registered Nurse if I am taking any new medications.
3. Assuring that the physician properly labels the allergy extract(s) and the physician orders are complete.
4. Understanding that Campus Health does not provide syringes to patients to give their own injections.
5. Understanding that the Campus Health assumes no responsibility for misplaced or broken vials.
6. Waiting at least **20 minutes** or longer as directed by allergist following administration in the waiting area outside the Allergy Clinic for arm(s) check by the Registered Nurse. Depending on size of reaction(s) the Registered Nurse will treat accordingly. There are no exceptions to this policy. Leaving before the 20 minute waiting period is complete may lead to discontinuation of receiving allergy injections at Campus Health.
7. Complying with the policies and procedures for receiving allergy injections at Campus Health.
8. Informing the Allergy Clinic Nurse if I am taking my extract vial(s) during a Holiday/break period/end of semester.
9. Taking my allergy extract(s) with me when no longer enrolled at UNC-Chapel Hill and understanding that Campus Health **does not** mail extract(s) left in the Allergy Clinic to patients.
10. I agree to read the information about allergy injections at [campushealth.unc.edu/allergy](http://campushealth.unc.edu/allergy).

\_\_\_\_\_  
Patient Signature/PID Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness to Signature and Title

\_\_\_\_\_  
Date