

Urgent Needs

Call 911 if you are experiencing life-threatening medical emergencies.

UNC students who are sick or injured:

- Call 919-966-2281. During [regular hours](#) [1] of operation, schedule an appointment or connect with a registered nurse to ask questions. After hours, the line connects with Health Link, a nurse advice system associated with UNC Health Care.
- Come to Campus Health [Same Day Care](#) [2]. No appointment needed. Wait times may vary.

To talk with someone now about an emotional or mental health concern:

- Walk into [Counseling and Psychological Services](#) [3] during regular business hours 8:00 a.m. - 5:00 p.m. Monday through Friday
- After hours, call 919-966-3658 to access a support line staffed by mental health professionals.
- Other resources include:
 - National Suicide Prevention Lifeline at [1-800-273-8255](tel:1-800-273-8255) [4] or in Spanish by calling [1-888-628-9454](tel:1-888-628-9454) [5]
 - Text Support Line - text STEVE to 741741 to connect with a trained crisis counselor

If you or someone you know has survived an incident of [sexual assault](#) [6]:

Call 911 if you are in immediate danger. Find an environment where you feel safe. Get medical attention through Campus Health or the UNC Emergency Department. Report the assault and get the support you need. For more information, go to <http://safe.unc.edu> [7]

Source URL: <https://campushealth.unc.edu/urgent-needs>

Links

[1] <https://campushealth.unc.edu/node/20>

[2] <https://campushealth.unc.edu/urgent-needs/same-day-care>

[3] <http://caps.unc.edu>

[4] tel:1-800-273-8255

[5] tel:1-888-628-9454

[6] <https://campushealth.unc.edu/node/322>

[7] <http://safe.unc.edu>