Urgent Needs

Call 911 if you are experiencing life-threatening medical emergencies.

UNC students who are sick or injured:

- Call 919-966-2281. During regular hours of operation, schedule an appointment or connect with a registered nurse to ask questions. After hours, the line connects with Health Link, a nurse advice system associated with UNC Health Care.
- Come to Campus Health Same Day Care. No appointment needed. Wait times may vary.

To talk with someone now about an emotional or mental health concern:

- Walk into Counseling and Psychological Services during regular business hours 8:00 a.m. - 5:00 p.m. Monday through Friday
- After hours, call 919-966-3658 to access a support line staffed by mental health professionals.
- Other resources include:
  - National Suicide Prevention Lifeline at 1-800-273-8255 or in Spanish by calling 1-888-628-9454
  - Text Support Line - text STEVE to 741741 to connect with a trained crisis counselor

If you or someone you know has survived an incident of sexual assault:
Call 911 if you are in immediate danger. Find an environment where you feel safe. Get medical attention through Campus Health [7] or the UNC Emergency Department. Report the assault and get the support you need. For more information, go to http://safe.unc.edu [8]

Source URL: https://campushealth.unc.edu/urgent-needs

Links
[1] https://campushealth.unc.edu/hours-calendar
[2] https://campushealth.unc.edu/urgent-needs/same-day-care