ADD - ADHD Testing and Diagnosis

Wondering if an ADD - ADHD evaluation makes sense for you?

- Make an appointment with your medical provider [1] at Campus Health
- Walk in to visit a Counseling and Psychological Services provider, or
- Visit an ADHD/LD specialist at The Learning Center [2].

If you choose to be evaluated, you will need to meet with a psychologist for a psycho-educational evaluation, which includes IQ and Academic and Attention testing. Testing can be time-consuming and expensive. Evaluations are often divided into more than one session. Shop around before choosing a provider, as each provider has their own fee scale for their services. We have compiled a list of area resources for ADD - ADHD testing [3] for your use, as these evaluations are not done on campus. For more information on financial resources to help offset the cost of evaluation, see the Learning Center’s website [4].

The psychologist will analyze your test results to identify strengths, weaknesses and patterns in cognitive functioning as well as possible disabilities, and share these results with you in a written report.

You have the option of sharing the findings of the evaluation with UNC’s Accessibility Resources and Service [5], the office responsible for providing students with disabilities of all kinds with reasonable accommodations.

If you are diagnosed with ADD - ADHD and choose to take stimulant medication, Campus Health requires specific documentation [6] in order to write your prescription.

Source URL: https://campushealth.unc.edu/health-topics/being-successful-adhd/add-adhd-testing-and-diagnosis

Links
[3] https://adminliveunc-my.sharepoint.com/:x/g/personal/ekhunter_ad_unc_edu/EeTnqjDjtOVDmXKMzrOzaygBF3hyXKJUuGZgMqAEw8aaZSg?e=2SCCgd