

Pregnancy

Preconception care

If you're planning to become pregnant, consider scheduling a preconception appointment to set yourself up for a healthy pregnancy.

Pregnancy Testing and Counseling

If you believe you are or might be pregnant, Campus Health can provide a confirmation pregnancy test.

A face-to-face conversation with a medical provider for non-directive pregnancy counseling is available regarding all pregnancy options and alternatives. As an eligible CHS patient, discussing your health needs with a medical provider at Campus Health comes at no cost to you. Your provider will discuss care options and, if necessary, refer you to an outside medical provider.

Pregnancy Care

Campus Health will continue to provide pre-natal counseling and will assist patients through referrals to a convenient UNC Obstetrics practice.

Campus Health refers pregnant individuals/couples to UNC Healthcare affiliated practices-University Obstetrics and Gynecology Service or the UNC Family Medicine Program, these programs offer high quality at a reasonable cost.

Post-partum Support at UNC

[Postpartum Support International - North Carolina Chapter](#) [1]

[Postpartum Education and Support](#) [2]

Postpartum Education and Support's warmline can be reached by calling (919)-454-6946. Leave a message and a trained survivor of perinatal mood and anxiety disorders

will call you back within 24 hours. You can call this number for support or to find local resources.

For resources specific to folks on campus, visit the Women's Center [Parenting @ UNC page](#) [3].

Source URL: <https://campushealth.unc.edu/services/gynecology/pregnancy>

Links

[1] <http://www.postpartum.net/locations/north-carolina/>

[2] <https://pesnc.org/>

[3] <http://womenscenter.unc.edu/resources/parenting/>