Transgender* Health

UNC Campus Health staff welcomes and affirms students of all gender identities and sexual orientations. We recognize that transgender and gender queer students have health concerns that are often the same as all UNC students. Some health issues may be unique and require a greater understanding of transgender student experiences or require transgender-specific information or programs. Many providers have completed continuing medical education about providing care to transgender patients and many have also attended UNC’s Safe Zone and Safe Zone Challenge trainings. When you make an appointment, let our schedulers know if you would prefer to meet with one of these providers.

Medical Services

Campus Health strives to meet the healthcare needs of all transgender students by providing high-quality and supportive care.

The Primary Care and Gynecology clinics provide general medical care for the prevention and treatment of illness and injury as well as transition-related care. If you have ever been sexually active in any way and have a cervix, you need regular pap smears and are welcome to have them done at primary care or gynecology.

We realize that having a provider that you feel comfortable with is important, so we encourage you to request a specific provider when you call for a Campus Health appointment if you desire.

Please fill out a Health History Form and bring it to your first visit.

Mental Health Services

Counseling and Psychological Services (CAPS) offers a wide range of services and programs to support students with personal, academic, career, health-related and crisis concerns. Counselors with expertise in gender identity and gender expression-related concerns are available at CAPS. For information on how to access CAPS services, visit the initial assessments at CAPS webpage. If you would like to work with a counselor who has experience with transgender-related concerns, request this specialty at the
initial visit. If you are more comfortable connecting with someone specific as a first point of contact, Avery Cook is one of the CAPS providers on the Transgender Task Force. Avery can answer questions about CAPS, help you navigate CAPS services and connect you with providers who match your unique needs. Reach her at macook@email.unc.edu [7] or 919-966-3658.

Insurance Coverage

All students who pay a Campus Health Fee [8] are eligible for services at Campus Health. If you have concerns about your health insurance coverage, please visit UNC Health Insurance Options [9] or Using Insurance at Campus Health [10] for more information.

Additional Resources

For additional support, resources, and community referrals, visit the LGBTQ Center [11], located in South Academic Services Building (SASB South), Suite 3308. The LGBTQ Center [12] provides several programs and services that may be helpful, including Trans Talk Tuesdays.

The Transgender Initiative of Raleigh [13] is built around the idea of creating a communal, safe place for people from all across the gender spectrum, along with their allies, to meet, gather, and provide a supportive and welcoming social environment. Visit their site for more information about meetings and activities.

The LGBTQ Center of Durham [14] is a safe and inclusive community committed to supporting and celebrating lesbian, gay bisexual, transgender and queer identified people in and around Durham.

For information on specific health topics and areas, explore Center of Excellence for Transgender Health [15], World Professional Association for Transgender Health [16], and Fenway Health [17].

If you are interested in learning more about how to talk to your partner about sexual health, make a free appointment with Student Wellness [18] as an individual, partnership, or group to discuss sexual health & wellness needs.

Source URL: https://campushealth.unc.edu/services/transgender-health

Links
[1] https://campushealth.unc.edu/services/primary-care
[2] https://campushealth.unc.edu/services/gynecology
[6] https://caps.unc.edu/services/initial-assessments
[7] mailto:macook@email.unc.edu
[9] https://campushealth.unc.edu/charges-insurance/insurance/health-insurance-options
[10] https://campushealth.unc.edu/charges-insurance/insurance-campus-health