Safe Party Strategies

When you host an event, there are four tips for reducing the potential for personal harm and legal liability:

1. **Follow the law**

   - The legal age to drink is 21 years or older. Allowing underage consumption at your events increases the likelihood of problems, including legal liability for the behavior of guests.
   - Make sure you understand all other local and state laws concerning the sale, distribution, possession and consumption of alcohol.
   - Understand and follow policies regarding hosting events with alcohol on campus.
   - Know local laws and ordinances with regard to noise and trash.
   - Do not allow illegal drugs or the misuse of prescription medications. Discourage your guests from mixing alcohol and other drugs.

2. **Know your guests**

   - Most students report that issues such as vandalism, violence, and theft are perpetrated by uninvited guests.
   - Create a guest list, send specific invitations, and monitor the access to the event.
   - Having someone at the door, someone to check IDs or a guest list can help identify underage and unwanted guests.
   - Encourage guests to walk or have a designated driver to get home safely

3. **Don’t provide the alcohol**

   - You can be held responsible if you provide alcohol to a guest and they leave your event and hurt themselves or hurt someone else.
   - Avoid providing kegs, party juice (PJ), and large open coolers.
   - BYOB at all times, and set limits on quantity of alcohol your guests can bring.
   - Do not sell alcohol or charge admission?. This includes selling cups or other containers to use for a common container like a keg. It is against the law to sell alcohol in North Carolina without an ABC permit.

4. **Make the event about something other than alcohol**
• The less the event revolves around alcohol, the less likely your guests are to focus solely on drinking.
• Discourage drinking games, as these only enhance the speed and quantity of consumption, leading to increased risk.
• Post party rules on the Facebook event, on the front door or in another visible place.
• Keep music at a reasonable level so people can communicate verbally.
• Have seating available for conversation.

Source URL: https://campushealth.unc.edu/health-topics/alcohol-and-other-drugs/safe-party-strategies