COVID-19 Vaccination

The Carolina Vaccination Clinic will offer vaccines to UNC-CH students, post-doctoral fellows, faculty and staff. The clinic has access to vaccines from Pfizer, Moderna, and Johnson and Johnson.

Appointments preferred. You can schedule your appointment at covidvax.unc.edu [1]. Walk-ins also accepted Monday - Friday 9am - 5 pm at Student Stores Pharmacy on the top floor of UNC Student Stores.

Book Your Vaccine Appointment [2]

When you book your appointment, avoid conflicts with classes, exams, or work. Plan for your visit to take 45 minutes. You will need to remain on-site for the entirety of your appointment including an observation period. Bring your insurance card.

Please reach out to Campus Health Immunization Staff at immunizations@unc.edu [3] if you have questions.

Can I be vaccinated at the Carolina Vaccination Clinic?

UNC-CH students, post-docs, faculty and staff can receive a vaccine at the Carolina Vaccination Clinic, provided at Student Stores Pharmacy on the top floor of UNC Student Stores.

Reserve a vaccine appointment by visiting the bookings site. Walk-ins also accepted Monday - Friday 9am - 5 pm.

Book Your Vaccine Appointment [2]

Can I receive a third vaccination dose?
The CDC recommends that people with moderately to severely compromised immune systems receive an additional dose of mRNA COVID-19 vaccine (Pfizer/Moderna). CDC does not recommend additional doses for any other population at this time.

The CDC defines people with "moderately to severely compromised immune systems" to include those who have:

- Been receiving active cancer treatment for tumors or cancers of the blood
- Received an organ transplant and are taking medicine to suppress the immune system
- Received a stem cell transplant within the last 2 years or are taking medicine to suppress the immune system
- Moderate or severe primary immunodeficiency (such as DiGeorge syndrome, Wiskott-Aldrich syndrome)
- Advanced or untreated HIV infection
- Active treatment with high-dose corticosteroids or other drugs that may suppress your immune response

People should talk to their healthcare provider about their medical condition, and whether getting an additional dose is appropriate for them.

Third doses are available at Student Stores Pharmacy on the top floor of UNC Student Stores.

Reserve a vaccine appointment by visiting the bookings site. Walk-ins also accepted Monday - Friday 9am - 5 pm.

**Book Your Vaccine Appointment [2]**

**How do I schedule or reschedule my 2nd vaccination?**

Moderna is a two-dose vaccine, given four weeks (28 days) apart. Pfizer is a two-dose vaccine, given 3 weeks (21 days) apart. Those being vaccinated at the Carolina Vaccine Clinic will determine a plan for the second vaccine dose during their initial vaccination visit.

**Campus Health 2nd dose rescheduling:** If you need to reschedule your 2nd vaccination appointment with Campus Health, please call 919-966-2281.
If I'm vaccinated and notified as a close contact, do I still need to quarantine?

If you are fully vaccinated and remain asymptomatic, you will not be required to quarantine. You should monitor for the development of symptoms and seek medical care if symptoms occur.

For more information, visit [CDC's recommendations for quarantine in vaccinated individuals](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-exposed/quarantine.html) [4]

How should I prepare for my vaccine appointment?

We encourage you to eat food and drink water before coming to your vaccination appointment.

Bring your insurance card.

Wear a mask.

It is not recommended you take over-the-counter medicine such as ibuprofen, aspirin, or acetaminophen before vaccination for the purpose of trying to prevent vaccine-related side effects. It is not known how these medications might affect how well the vaccine works. However, if you take these medications regularly for other reasons, you should keep taking them before you get vaccinated. It is also not recommended to take antihistamines before getting a COVID-19 vaccine to try to prevent allergic reactions.

Please allow for 45 minutes for your vaccine appointment.

What side effects of the vaccine should I be prepared for? When should I be concerned?

It is common to feel pain, redness or swelling in the vaccinated arm after vaccination. To reduce pain and discomfort, try a cool, wet washcloth over the sore area. Keep your arm active and moving.

You may experience tiredness, headache, muscle pain, chills, fever, nausea, tiredness in the few days following your vaccine. To reduce discomfort from fever, drink plenty of fluids and dress lightly.
In most cases, discomfort from pain or fever is a normal sign that your body is building protection. Contact your doctor or healthcare provider if the redness or tenderness where you got the shot gets worse after 24 hours, if your side effects are worrying you or they do not seem to be going away after a few days. You can help the CDC track the safety of vaccines by reporting your side effects using the VSafe smart phone tool.

A small percentage of patients experience lightheadedness or fainting upon receiving their vaccine. This is more likely in those who have had reactions to injections in the past. Please make the vaccinator aware if you have experienced this in the past. You can help yourself by eating food and drinking water prior to being vaccinated and taking deep breaths while you are being vaccinated.

In extremely rare cases, more severe complications can occur from a vaccination. If you received the Johnson and Johnson vaccine, seek medical attention during 3 weeks following vaccination if you experience severe headache, abdominal pain, leg pain, persistent nosebleed or shortness of breath.

**What are the benefits of vaccination?**

COVID-19 vaccines have been shown to be highly effective at preventing you from getting COVID-19 and preventing serious illness in the rare case a vaccinated person still contracts COVID-19 for at least 6 months (likely longer) after being vaccinated.

Once you’ve reached full vaccination status (2 weeks after your final dose of a vaccine), you no longer need to quarantine after traveling or being exposed to someone with COVID (the only exceptions are if you live in a group setting or are having symptoms). You can visit indoors without a mask with one household of unvaccinated people who are not at risk for severe illness. You can visit inside a home without a mask with other fully vaccinated people.

**Should I get vaccinated if I have previously tested positive for COVID-19?**

Yes! As long as you are out of your isolation period and are not having symptoms, you should get vaccinated. If you were treated with monoclonal antibodies or convalescent plasma for COVID, then you should wait for 90 days after that treatment to get vaccinated.
Do vaccinated students still need to participate in Carolina Together Testing?

Effective August 1, 2021, student participation in the Carolina Together Testing Program (CTTP) is linked to a student's vaccination status.

Unvaccinated students or students who do not wish to disclose their vaccination status will be required to test at a CTTP site once a week.

Vaccinated students are not required to participate in the Carolina Together Testing Program. If vaccinated students are exhibiting symptoms of COVID-19, they should contact Campus Health for an appointment and medical evaluation.

After being vaccinated, what precautions do I still need to take?

To protect yourself and others, follow these recommendations:

- Wear a mask over your nose and mouth
- Wait 6 feet away from others
- Wash your hands
- Avoid crowds
- Avoid poorly ventilated spaces

The University Community Standards should still be followed.

Remember that you're not considered "fully vaccinated" and with the increased protection from COVID-19 until 2 weeks after your final dose of the vaccine.

Do I need to tell UNC that I've been vaccinated?

Yes, please! Students, faculty and staff who have been fully vaccinated can complete the COVID-19 Vaccination Certification form [5].

What if I lost my vaccination card?

Those who have been vaccinated in North Carolina can access your vaccination record on the North Carolina Vaccine Portal. [6] You will be prompted to sign in with the username created at the time of your original vaccination appointment. After you are
logged in, click on “My Dashboard” to access your record (under “Vaccine Record” tab). If you received the Moderna or Pfizer vaccine, please make sure to get proof of both vaccine dates. For questions about accessing your vaccination record, call the COVID-19 vaccine help center at (888)-675-4567, Monday through Friday from 7 a.m. until 7 p.m., and on Saturday and Sunday from 8 a.m. until 4 p.m.

Source URL: https://campushealth.unc.edu/covid-19-vaccination

Links
[3] mailto:immunizations@unc.edu
[5] https://ehs.cloudapps.unc.edu/ClinicRegistration/covidcert