

Getting Prescription Birth Control

There are many contraceptive options available at this time. Finding the best option is a unique choice, different for every individual. To consider contraception methods with your needs, [make an appointment with the Sexual Health and Relationship Educators at Student Wellness.](#) [2]

How do I get Birth Control?

1. If this will be your first time getting birth control, start with the [Gynecology Tutorial.](#) [3]
2. Review information about contraceptive options such as [Bedsider](#) [4] or [Health Topics: Sexual Health](#) [5] and/or visit [SHARE](#) [2] to consider which method fits your needs best.
3. If you know what type of birth control you'd like or would like to discuss birth control options, make an [appointment](#) [6] with either a gynecology provider or a primary care clinic provider as desired.

Please note: for Implanon and IUD insertion, a consult visit with a gynecology provider must be scheduled prior to getting the device inserted. To set up a consult visit please call the appointment line 919-966-2281.

How do I get refills of already prescribed birth control?

Contact the pharmacy where your prescription was sent and ask for the prescription to be refilled.

If I have a prescription from a non-Campus Health provider, can I fill it at Campus Health Pharmacy or Student Stores Pharmacy?

You can! Call the pharmacy where you would like to pick up your prescription and ask for help transferring the prescription.

What if I've already had unprotected sex?

If you have had unprotected intercourse, look into Emergency Contraception (Plan B, ella). Plan B is available for over-the-counter purchase at most pharmacies, including the Campus Health Pharmacy and Student Stores Pharmacy. ella requires a prescription; contact your prescriber or speak with a pharmacist at Campus Health Pharmacy or Student Stores Pharmacy for help obtaining ella.

Source URL: <https://campushealth.unc.edu/services/gynecology/getting-prescription-birth-control>

Links

- [1] <https://campushealth.unc.edu/services/gynecology/getting-prescription-birth-control>
- [2] <https://studentwellness.unc.edu/programs/share>
- [3] <https://campushealth.unc.edu/services/gynecology/annual-exam-and-pap-smear>
- [4] <http://bedsider.org>
- [5] <https://campushealth.unc.edu/health-topics/sexual-health>
- [6] <https://campushealth.unc.edu/about-us/appointments>