International Travel Clinic

The world is a big place - full of adventure! At UNC Campus Health, we want your travels to be healthy and safe which is why we offer the International Travel Clinic for those UNC travelers headed to a developing part of the world.

We want UNC travelers to be prepared with appropriate health and security information, immunizations, and medications to reduce the risk of illness and injury related to international travel.

Start taking these steps to ensure a healthy trip including filling out a travel questionnaire as soon as you know your plans. About three months before your trip is a great time to start!

Access the questionnaire on our website. It asks lots of questions related to your travel itinerary. The more you can fill in the better. There are lots of ways to turn in the questionnaire including fax. We know you probably don't have one of these so you can also email it or bring it in person to Kathy in Admin West on the second floor of Campus Health.

Once you've turned in the questionnaire, you'll receive an email giving access to our online education modules. Watch them at your own pace on your own time.

While you're doing this, our travel personnel are consulting a subscription database to obtain the most up-to-date recommendations for your itinerary.

You'll receive another email with a time for an upcoming appointment to get your medications and vaccines you'll need for your travel plans. The email will include education materials specific to your destination. This info includes details like the nearest medical facility and US Embassy to where you'll be staying. When you visit us at your selected appointment time you'll meet with a pharmacist to pick up your prescriptions and go over your recommendations.

A travel nurse will provide your immunizations and then we wish you well on your travels.

Start the process at campushealth.unc.edu/travel
Campus Health offers:

- Travel Clinic Services for those UNC community members - students, post-docs, faculty and staff - who will be traveling to developing parts of the world.
- Yellow Fever Vaccination for anyone age 18 and up.

**Our goal is to ensure UNC travelers are prepared with appropriate health and security information, immunizations and medications to help reduce the risk of illness and injury related to international travel.**

The travel clinic provides:

- Information concerning health risks in developing areas of the world. You will receive specific materials for your destination(s).
- Administration of vaccines recommended or possibly required for your destination(s) to prevent illnesses.
- Medications to help prevent malaria, altitude sickness and to self-treat diarrhea if it occurs while traveling.
- Educational materials with helpful and up-to-date information about travel-related topics. Knowledge is empowering. We want you to know how to protect yourself against infectious diseases and other travel concerns.
- Recommendations tailored to you and your itinerary taking into consideration your immunization and medical history, your current medications, allergies, your planned activities and type of accommodations.

A Clinical Pharmacist Practitioner with a Certificate of Travel Health from the International Society of Travel Medicine reviews each itinerary and questionnaire to prepare recommendations.

Start taking the steps to ensure a healthy trip [1], including filling out a travel questionnaire as soon as you know your plans. About 3 months before your trip is a great time to start! Some travel vaccines take up to a month to complete. If proof of yellow fever vaccination is required for your destination, it is not valid until 10 days after administration. So weeks to days before departure is not ideal, but our travel clinic services can still be beneficial!

Looking for the Yellow Fever Vaccine [2]?

Yellow Fever Vaccine Info [3]

**Source URL:** https://campushealth.unc.edu/services/international-travel-clinic

**Links**